

Mom's Newsletter

November 2006

"Ah, Sweet Tryptophan, At Last I've Found You"

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News and Notes:

Big Al Monroe has decided to quit his high finance job and pursue his real love of hair styling. "I have always taken great pride in how my hair looks and it is time for me to teach my methods to the unkempt and hairy."

PFC Andy Lohrmann is fresh out of basic training and is planning on setting a few things straight. "I have learned over twenty ways to kill a man and I have a few



things to discuss with my Uncle Mike. If you see him, tell him I am looking for him."

Cate De La Rosa just earned a "Big 5" attendance award at her place of work. Cate decided "it was time for her to buckle down and make the effort" to earn the award. "It was hard to come in for five straight days, but sometimes, you have to make the sacrifice."

New Dog Starts Sensation: Is He Too Cute?

Prince Stanley of Walton Pond has arrived but insiders are concerned that he may be "too damn cute for his own good." Both the AKC and the nearby neighbors are worried that the dog will be unfairly judged for his "rugged good looks" just like his owner.



"Trust me," said Stanley's owner. "I have been judged unfairly for many years as 'just another pretty face' and it gets tiring as one gets older. Stanley appeared to support that claim while quietly licking himself near the podium.

Ushered away by his attorney, **Pat Weller**, Stanley did appear to enjoy the activity and shouts from his adoring audience. "This pup is something very special," remarked Ms. Weller. "We plan on sending out a statement in the near future about his plans in 2007. They appear to include visiting Winona, seeing **Sparky** and losing his testicles."

Mom's Newsletter Announces their 2006 Public Service Project: The Six Simple Rules Card

The staff of Mom's Newsletter has decided to create a quick reference card for all college drinkers. Once laminated and vomit-proof, this quick reference card will allow all current students to keep their head tightly screwed, sober and safe.

Created by **Gary Gilbertson, Liz McGrory** and **Tom Teske**, the card has been field-tested all through Minnesota, Iowa and Kentucky to rave reviews. **Mark Fielding** ordered 20 for his all grandchildren. "Tequila is brutal but down in Kentucky, I also had to warn a few about Moonshine."



The Six Simple Rules:



- 1) Consume 8 ounces of water for each drink.
- 2) Avoid tequila: no one wins with tequila.
- 3) When drinking, stay away from all motorized transportation except taxi cabs.
- 4) When you really don't want to have any water, make sure you have some water.
- 5) If you say or think, "I was hungry earlier, but now I am not hungry." Stop drinking, sit down, call a cab and have some water and some pie.
- 6) You can NEVER catch up to your already-drinking friends: please don't try.

College Students! Laminate and use card for any social situations that involve alcohol. -Mom's Newsletter